

ALAMINOS  
**RELEASED**  
 2023-10-13  
 RECORDS UNIT



Republic of the Philippines  
 Department of Education  
 REGION I

REGIONAL MEMORANDUM  
 No. 1067, s. 2023

1067 10 2023

**SCHEDULE OF SPORTS ACTIVITIES FOR S.Y. 2023-2024**

To: Schools Division Superintendents  
 Chiefs, Schools Governance and Operations Division  
 Division Sports Officers

- Pursuant to Article XIV, Section 19 of the 1987 Philippine Constitution mandates that all educational institutions shall undertake regular sports activities all throughout the country in cooperation with athletic clubs and other institutions.
- In support, all schools are hereby encouraged to intensify the organization of school sports clubs to strengthen self-discipline, teamwork and camaraderie of our potential athletes to compete for national and international competitions.
- The recommended schedule are as follows.

School Meet/School Sports Competition:	2 <sup>nd</sup> week of November 2023 (11 <sup>th</sup> week)
Division Meet:	4 <sup>th</sup> week of January 2024 (Mid-year break)
Regional Meet:	2 <sup>nd</sup> week of April 2024 (11 <sup>th</sup> week)
Pre-National Qualifying Meet (PNQM):	2 <sup>nd</sup> week of June 2024 (10 <sup>th</sup> week)
Palarong Pambansa (PP):	July 16-27, 2024

- However, the SDOs may opt to deviate from the recommended dates provided that no disruption of regular classes of participating student-athletes is being observed during the preparations including training of athletes pursuant to DepEd Order No. 9, s. 2005 "Instituting Measures to Increased Engaged Time-on-Task and Ensuring Compliance Herewith".
- Age requirements for the athletes are the following:  
 Elementary: Born on or after January 1, 2011 (13 years old)  
 Secondary: Born on or after January 1, 2006 (18 years old)
- Technical rules, regulations and guidelines of the different sports events during the previously conducted 2023 Palarong Pambansa shall be in effect unless there are amendments coming from the PP Secretariat.

Republic of the Philippines  
 Department of Education  
 REGION I  
**SCHOOLS DIVISION OFFICE OF ALAMINOS CITY**

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Office of the Schools Division Superintendent

DIVISION MEMORANDUM  
 DM-2023-508

TO : Assistant Schools Division Superintendent  
 Chief Education Supervisor - CID  
 Chief Education Supervisor - SGOD  
 Heads of Public and Private Elementary and Secondary Schools

SUBJECT: **SCHEDULE OF SPORTS ACTIVITIES FOR S.Y. 2023-2024**

FROM : Office of the Schools Division Superintendent

DATE : October 12, 2023

For your information, guidance, widest dissemination and compliance.

**VIVIAN LUZ S. PAGATPATAN, CESO VI**  
 Assistant Schools Division Superintendent  
 Officer-in-Charge  
 Schools Division Superintendent  
*With hundred reasons to serve!*

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 Website: [depedalaminoscity.com](http://depedalaminoscity.com)

DepEd MATATAG

7. Service Credits (SC) and Compensatory Time-Off (CTO) shall be granted to identified teaching and non-teaching personnel, respectively, who will serve as delegation officials/working committee, coaches, chaperons, paramedics, team managers and training staff during weekends of the said activities. The list of participating personnel with the corresponding schedules of the activities should be submitted to the Human Resource Section of the Regional Office, endorsed by the concerned Superintendent, at least fifteen (15) days before the activity. Likewise, SC and CTO requirements shall be submitted immediately to the personnel in-charge after the conduct of each activity.

8. The winner-take-all policy shall be applied in representation of teams (school sports clubs) for team sports. Only seven (7) team sports shall be played during the Pre-National Qualifying Meet (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball)

9. Measurable sports such as athletics, swimming and archery shall adopt the qualifying distance, time, and points set by the Palarong Pambansa.

10. Attached is the list of sports events to be played for reference.

11. Immediate dissemination of and strict compliance with this Memorandum is desired.

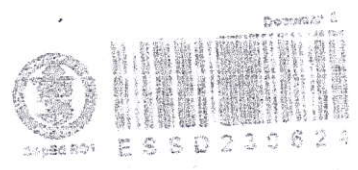


**TOLENTINO G. AQUINO**  
Director IV

Encl: None  
Reference: None  
To be indicated in the Perpetual Index  
Under the following subjects:

SPORTS      SCHOOLS      TRAININGS

BSSD/reb/RM\_ScheduleofSportsActivitiesforSY2023-2024  
October 6, 2023



List of events to be played during the Regional Meet

**REGULAR SPORTS**

<b>ELEMENTARY</b>	
1	ARNIS
2	ATHLETICS
3	BADMINTON
4	BASEBALL
5	BASKETBALL
6	CHESS
7	FOOTBALL
8	GYMNASTICS
<i>AERO GYMNASTICS</i>	
	MAG
	WAG
	RG
9	SEPAK TAKRAW
10	SOFTBALL
11	SWIMMING
12	TABLE TENNIS
13	TAEKWONDO
14	TENNIS
15	VOLLEYBALL

<b>DEMOSPORTS</b>	
1	DANCESPORTS
2	PENCAK SILAT

<b>PARAGAMES</b>		
1	ATHLETICS	V.I BOYS
		V.I GIRLS
		I.D BOYS
		I.D GIRLS
2	ATHLETICS/SWIMMING	O. H BOYS
		O.H GIRLS
3	SWIMMING	I.D BOYS
		I.D GIRLS
4	BOCCE	I.D BOYS
		I.D GIRLS
5	GOAL BALL	V.I BOYS
		V. I GIRLS

<b>SECONDARY</b>	
1	ARCHERY
2	ARNIS
3	ATHLETICS
4	BADMINTON
5	BASEBALL
6	BASKETBALL (5x5) Boys/Girls
	BASKETBALL (3x3) Boys/Girls
7	BILLARDS
8	BOXING
9	CHESS
10	FOOTBALL
11	FUTSAL
12	GYMNASTICS
<i>AERO GYMNASTICS</i>	
	MAG
	WAG
	RG
13	PENCAL SILAT
14	SEPAK TAKRAW
15	SOFTBALL
16	SWIMMING
17	TABLE TENNIS
18	TAEKWONDO
19	TENNIS
20	VOLLEYBALL
21	WUSHU