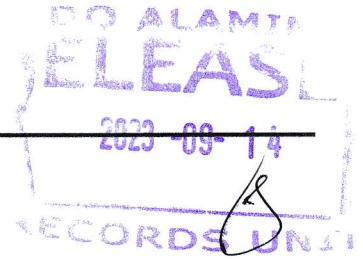




Republic of the Philippines
Department of Education

Region I
SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

Office of the Schools Division Superintendent



DIVISION MEMORANDUM
DM-2023-437

TO : Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
School Head of all Elementary and Secondary Schools
Designated School Clinic Teacher
School WINS Coordinator

FROM : Schools Division Superintendent

SUBJECT : **HEALTH ADVOCACY ON THE PREVENTION OF CONJUNCTIVITIS/
SORE EYES IN SCHOOLS**

DATE : September 13, 2023

1. To effectively prevent and control conjunctivitis or sore eyes in schools, it is crucial to emphasize the importance of handwashing and implement the following measures:
 - Emphasize the significance of regular and proper handwashing to all students, teachers, and staff members. Encourage everyone to wash their hands with soap and water for at least 20 seconds, especially before meals, after using the restroom, and after touching the face or eyes.
 - Install hand sanitizer dispensers in strategic locations throughout the school premises, such as near entrances, classrooms, and school canteens. Encourage their regular use, especially when handwashing facilities are not readily available.
 - Conduct lectures on personal hygiene, specifically focusing on eye hygiene. Teach students about the importance of avoiding touching or rubbing their eyes with unwashed hands.
 - Ensure that the school environment is clean and well-maintained. Regularly clean and disinfect frequently touched surfaces, such as doorknobs, desks, tables, and shared equipment.
 - Educate students and staff about the proper disposal of used tissues, wipes, and other personal hygiene materials. Provide adequate waste bins with lids and empty them regularly.
 - Students shall not to share personal items like towels, handkerchiefs. Sharing such items can increase the risk of transmission.

To Posting

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- Establish a system for students, parents, and staff to report any symptoms of conjunctivitis or sore eyes promptly. Encourage them to seek medical attention and stay home until the infection is resolved.
 - Create visually striking posters, banners, and infographics with catchy slogans emphasizing the importance of handwashing and maintaining good eye hygiene. Display them prominently throughout the school to raise awareness. (see attached)
 - Collaborate with local health authorities/barangay health workers to create awareness campaigns, distribute educational materials(if available), and conduct regular health check-ups in schools to identify and manage any potential outbreaks.
2. By implementing these measures and emphasizing the importance of handwashing, schools can significantly reduce the risk of conjunctivitis or sore eyes and promote a healthier learning environment for all.
 3. Individuals displaying signs and symptoms of conjunctivitis or sore eyes are encouraged to stay at home until their condition improves.
 4. For monitoring and surveillance purposes, please update cases of Sore eyes to the link provided below:

<https://bit.ly/44LKKew>

5. For information, guidance and compliance.


VIVIAN LUZ S. PAGATPATAN, CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Schools Division Superintendent

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