

Department of Education

REGION 1

SCHOOLS DIVISION OFFICE OF ALAMINOS CIT

Office of the Schools Division Superintendent DIVISION MEMORANDUM

DM-2023- 296

TO

: Assistant Schools Division Superintendent

Chief, School Governance and Operations Division (SGOD)

Chief, Curriculum Implementation Division (CID)

Heads of Public and Private Elementary and Secondary Schools

SUBJECT

: INVITATION TO THE 2023 R1AA WINNING ATHLETES AND

COACHES

FROM

: Office of the Schools Division Superintendent

DATE

: June 19, 2023

- As per communication from the office of City Vice Mayor Jan Marionne Fontelera, the winning athletes and coaches in the 2023 Region 1 Athletic Association are invited to the Sangguniang Panlunsod Session Hall on June 27, 2023 at 9:00 AM. Attached is the list of winners for reference.
- The winning athletes and coaches are advised to wear their uniform and bring their medals and awards.
- For information, guidance and compliance.

VIVIAN LUZ S. PAGATRATAN, CESO VI Assistant Schools Division Superintendent

Officer-In-Charge

Schools Division Superintendent



Telephone Number: (075) 205 - 0644 Website: depedalaminoscity.com



Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

2023 RIGION 1 ATHLETIC ASSOCIATION MEET WINNERS

May 14-19, 2023 @San Carlos City

ELEMENTARY

EVENTS	GOLD		
30 C 20 C 20 C 20 C		SILVER	BRONZE
(BOYS) 1500m Run	Nathaniel Carambas Telbang ES Coach: Mark Vincent Cabelec Asst. Coach: Leonardo Domenden		
ATHLETICS (BOYS) 800m Run		Nathaniel Carambas Telbang ES Coach: Mark Vincent Cabelec Asst. Coach: Leonardo Domenden	
(BOYS) 400m Hurdles		Jez Domenden Victoria ES Coach: Mark Vincent Cabelec Asst. Coach: Leonardo Domenden	Nathaniel Carambas Telbang ES Coach: Mark Vincent Cabele Asst. Coach: Leonardo Domenden
ATHLETICS (BOYS) 4x400m Relay			Nathaniel Carambas Telbang ES Jez Domenden Victoria ES Jude Ancheta Victoria ES Coach: Mark Vincent Cabele Asst. Coach: Leonardo
ATHLETICS (BOYS) High Jump			Justine Racraquin Victoria ES Coach: Mark Vincent Cabele Asst. Coach: Leonardo
ATHLETICS (BOYS) 400m Dash			Justine Racraquin Victoria ES Coach: Mark Vincent Cabele Asst. Coach: Leonardo Domenden
ATHLETICS (GIRLS) Triple Jump		Fritzy Collen F. Abarra Victoria ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg	
ATHLETICS (GIRLS) High Jump	Fritzy Collen F. Abarra Victoria ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Mecaraeg		

With hundred reasons to serve!



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan Telephone Number: (075) 205 - 0644

Website: depedalaminoscity.com



Department of Education

REGION 1

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY				
ATHLETICS (GIRLS) 100m Hurdles	Fritzy Collen F. Abarra Victoria ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg			
ATHLETICS (GIRLS) 400m Hurdles		Mary Joy B. Rabadon Victoria ES Michelle R. Tangonan Telbang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masigiat Chaperon: Rosalyn R. Macaraeg		
ATHLETICS (GIRLS) 4x400m Relay		Mary Joy B. Rabadon Victoria ES Jessica Mae C. Cale Tangcarang ES Michelle R. Tangonan Telbang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg		
ATHLETICS (GIRLS) 4x100m Relay	Fritzy Collen F. Abarra Victoria ES Jessica Mae C. Cale Tangcarang ES Charla Chin R. Malaya Victoria ES Jhamaica D. Sabes Telbang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg	Mjay B. Bonita Telbang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masigiat Chaperon: Rosalyn R. Macaraeg		
ATHLETICS (GIRLS) 100m Dash		Jessica Mae C. Cale Tangcarang ES Charla Chin R. Malaya Victoria ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg		





Department of Education

REGION I

	SCHOOLS DIVISION	N OFFICE OF ALAMINOS CITY	
(GIRLS) 200m Dash		Jessica Mae C. Cale Tangcarang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg	
(GIRLS) 400m Dash		Jessica Mae C. Cale Tangcarang ES Coach: Edwin Ramirez Jr. Asst. Coach: Judy Masiglat Chaperon: Rosalyn R. Macaraeg	
CHESS (BOYS) Blitz: Team	Liuyen R. Wou Alaminios Central School Mark Niño Popantay ES Coach: Rochel R. Menor		
CHESS (GIRLS) Blitz: Team	Lerexsha Yvone Boltiador Alaminos Central School Chrisylle Jhane Duran Sabangan ES Coach: Carmelo D. Paduyos	Chrisylle Jhane Duran Sabangan ES Coach: Carmelo D. Paduyos	
CHESS (GIRLS) Standard: Team			Lerexsha Yvone Boltiador Alaminos Central School Chrisylle Jhane Duran Sabangan ES Cosch: Carmelo D. Paduyos
TABLE TENNIS (BOYS) Doubles			Roman L. Agloro III Palamis ES Prince Luke N. Montemayor Palamis ES
(GIRLS) Doubles			Coach: Louisita Tamayo Alessandra D. Viray Lucap ES Krista A. Gutierrez Lucap ES
DANCESPORTS Single Waltz			Cosch: Dimples Rimando Maicy Lyan P. Griego Lucap ES John Eric M. Barbado Lucap ES Coach: Jerald Tolentino
DANCESPORTS Single Tango			Chaperon: Maricris Carolino Maicy Lyan P. Griego Lucap ES John Eric M. Barbado Lucap ES Coach: Jerald Tolentino Chaperon: Maricris Carolino

With hundred reasons to serve!



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan

Telephone Number: (075) 205 - 0644 Website; depedalaminoscity.com



Republic of the Philippines

Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

2023 RIGION 1 ATHLETIC ASSOCIATION MEET WINNERS

March 14-19, 2023 @Alaminos Central School

March 14-19, 2023

EVENTS	GOLD	SILVER	BRONZE
Athletics (Boys) 200m		Kenneth C. Antolin Telbang NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Boys) 4X100m Relay	Melvin D. Barracas Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay		
Athletics (Boys) 4X100m Relay	Jacob C. Bedonio Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay		
Athletics (Boys) 200 Dash		Jacob C. Bedonio Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Boys) 110m			Jacob C. Bedonio Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay
thletics (Boys) Long Jump	Jasper C. Bedonio ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay		
Athletics (Boys) 4X100 Relay	Jasper C. Bedonio ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay		
Athletics (Boys) Triple Jump		Jasper C. Bedonio ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	

With hundred reasons to serve!





Republic of the Philippines

Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

	actiones praision	OFFICE OF ALAMINOS CITY	
Athletics (Boys) 4X100m Relay	CJ A. Espiritu ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M, Garibay		
Athletics (Boys) 400m Hurdles		CJ A. Espiritu ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	-
Athletics (Boys) 10m Hurdles		CJ A. Espiritu ALos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Boys) High Jump	Kurt David A. Ragudos Telbang NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay		
Athletics (Boys) 800m Run		Sean Clifford A, Velasco ACNHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Boys) 1500m Run		Sean Clifford A. Velasco ACNHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Boys) Long Jump			Jhon Lenard C. Villar Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay
Athletics (Boys) Triple Jump			Jhon Lenard C. Villar Alos NHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay





Republic of the Philippines

Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

Athletics (Boys) Shot Put		Vincent B. Yanguas ACNHS Coach: Dana Leah Niñeza Assistant Coach: Romello M. Garibay	
Athletics (Girls) 100m Dash	Jessica Villar ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia		
Athletics (Girls) 200m Dash	Jessica Villar ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia		
Athletics (Girls) 4X100m Relay		Jessica Villar ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	
Athletics (Girls) 4X 400m Relay		Jessica Villar ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	
Athletics (Girls) 400m Dash			Jessica Villar ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R Garcia
Athletics (Girls) 400m Hurdle	Ana Marie Eugenio ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia		
Athletics (Girls) 400m Dash		Ana Marie Eugenio ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	
Athletics (Girls) 4X400 Relay		Ana Marie Eugenio ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	





Department of Education

REGION I

	SCHOOLS DIVISION OFFICE OF ALAMINOS CITY				
Athletics (Girls) 800m Run			Ana Marie Eugenio ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R Garcia		
Athletics (Girls) Triple Jump		Erica Mae Burnacod Alos NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
Athletics (Girls) 4X100m Relay		Erica Mae Bumacod Alos NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
Athletics (Girls) 4X100m Relay		Ana Marie Eugenio ACNHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
Athletics (Girls) 4X400m Relay		Stephanie Cadag Alos NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
Athletics (Girls) 4X400m Relay		Jasmine Padaong Alos NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
'thletics (Girls) X400m Relay		Kane Irish Mae Camero Polo NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia			
Athletics (Girls) 3000m Run			Princes Tampilic Polo NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia		
Athletics (Girls) High Jump	Marjorie Ragudos Telbang NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. García				





Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

Athletics (Girls)		N OFFICE OF ALAMINOS CITY	Marioria Dagudos
Triple Jump			Marjorie Ragudos Telbang NHS Coach: Edgar Caracas Asst. Coach: Sharamae R García
Athletics (Girls) 100m Hurdies		Mariella Rabadon Telbang NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	
Athletics (Girls) 2000m Walk		Cherry Mae Tabua Telbang NHS Coach: Edgar Caracas Asst. Coach: Sharamae R. Garcia	
Arnis (Boys) Bantam Weight			John Cambay ACNHS Coach: Lionel Gubatan
Badminton (Boys)			Regil Chard V. De Luna ACNHS
Badminton (Girls)			Coach: Leovanny Aglibot Kacen Aena A. Cardona ACNHS
Chess (Boys) Blitz Team			Coach: Mary Ann Gameng Ryan Joshua Omangtang GPC Coach: Beverly A. Mabalo
Chess (Boys) Blitz Team			Kwok Hing Kristoper A. Uy GPC Coach: Beverly A. Mabalo
Chess (Girls) Blitz Individual	Ericka Ordizo Telbang NHS Coach:Donna Marie Casipit		Develop III alabase
Chess (Girls) Blitz Team	Ericka Ordizo Telbang NHS Coach:Donna Marie Casipit		
Chess (Girls) Standard Team	Ericka Ordizo Telbang NHS Coach:Donna Marie Casipit		
Chess (Girls) Standard Individual		Ericka Ordizo Telbang NHS Coach:Donna Marie Casipit	
Chess (Girls) Blitz Team	Elisha Mae Ordizo Telbang NHS Coach:Donna Marie Casipit		
Chess (Girls) Standard Team	Elisha Mae Ordizo Telbang NHS Coach:Donna Marie Casipit		

With hundred reasons to serve!



Website: depedalaminoscity.com Email Address: alaminos.city@deped.gov.ph



Department of Education

REGION I

OI 10111	SCHOOLS DIVISION	OFFICE OF ALAMINOS CITY	
Chess (Girls) Standard Individual			Elisha Mac Ordizo Telbang NHS Coach:Donna Marie Casipit
(Boys) Singles		Cinnucl Alfred P. Manlapaz CSJA Coach: Editha Tabunigao	
Lawn Tennis (Girls) Doubles	Charmaine Ashley R. Tambot GPC Coach: Lomark Fernandez Chaperon: Maria Urduja Eminga		
'awn Tennis (Girls) Doubles	Trisha Mae F. Gutierrez ACNHS Coach: Lomark Fernandez Chaperon: María Urduja Eminga		
Wushu (Boys) 48kg. Cat A	Mark Alexis Rancudo Telbang NHS Coach: Arnold Leandado		
Wushu (Boys) 45kg.		Daniel Racraquin Telbang NHS Coach: Arnold Leandado	
Wushu (Boys) 42kg.			Rejan Padilla Telbang NHS Coach: Arnold Leandado
Wushu (Boys) 48kg,			Mark Chris Carl Regatcho Telbang NHS Coach: Arnold Leandado
Vushu (Girls) 52kg.		Rhica Padilla Telbang NHS Coach: Vladimir Sigfred Rapatalo Chaperon: Regina Sartiga	
Wushu (Giris) 45kg.		Jenky Rebarter Telbang NHS Coach: Vladimir Sigfred Rapatalo Chaperon: Regina Sartiga	
Wrestling (Girls) 56kg.		Rhea Jane Malones ACNHS Coach: Matthew Tan Chaperon: Nhovie C. Racraquin	
Wrestling (Girls) 48kg.			Angela May Alcantara ACNHS Coach: Matthew Tan Chaperon: Nhovie C. Racraquin

With hundred reasons to serve!





Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

Tackwondo	James Harold C. Begontes	N OFFICE OF ALAMINOS CIT	
(Boys) Exhibition Game	Polo NHS Coach: Joemark Doria		
Tackwondo (Boys) Exhibition Game	Daniel Anthony A. Pagador ACNHS Coach: Joemark Doria		
Taekwondo (Boys) Exhibition Game	Mike Gabriel A. Rondez ACNHS Coach: Joemark Doria		
Taekwondo (Boys) Kyurugi			Marc Daven A. Jimenez ACNHS Coach: Joemark Doria
Volleyball (Girls)		Jemalyn Menor ACNHS Coach: Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls)		Jinky Bautista ACNHS Coach:Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls)		Emjae Louise Bongco ACNHS Coach:Katrina Bristol Asst. Coach: Melba Sabianiano	
olleyball (Girls)		Katrice Zian Ancheta ACNHS Coach:Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls)		Mikaelia Bacala ACNHS Coach:Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls)		Rain Ashley Ruivivar ACNHS Coach:Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls)		Allesh Angela Duran ACNHS Coach:Katrina Bristol	





Republic of the Philippines

Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

	Asst. Coach: Melba Sabianiano	
Volleyball (Girls)	Princess Yesha Mari ACNHS Coach: Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls	Kimberly Estrada ACNHS Coach: Katrina Bristol Asst. Coach: Melba Sabianiano	
Volleyball (Girls	Reine Ashley Rabanal ACNHS Coach: Katrina Bristol Asst. Coach: Melba Sabianiano	





Department of Concation

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY



CONGRATULATIONS TO OUR RIAM 2023 MEDALISTS!

ELEMENTARY (BOYS) ATTRADESCENS

NATHANIEL CARAMBAS

CHARLA CHIN MALAYA

FRITZY COLLEN ABARRA FRITZY COLLEN ABARRA

MARY JOY RABADON

NATHANIEL CARAMBAS JEZ DOMENDEN

WICHELLE TANGONAN

MLAY BONTIA

JESSICA MAE CALE

FRITZY COLLEN ABARRA CHARLA CHIN MALAYA

JESSICA MAE CALE

HAMAICA SABES

NATHANIEL CARAMBAS

JUSTINE RACRADUIN JUSTINE RACRADUIN

ARON KHAZER VELASCO JOHN REY SOLOMON JEZ DOMENDEN

MICHELLE TANGONAN

FRITZY COLLEN ABARRA

JESSICA MAE CALE

JESSICA MAE CALE

JESSICA MAE CALE

MARY JOY RABADON

NATHANIEL CARAMBAS

JEREXSHA YVONE BOLTIADOR CHRISYLEE DURAN CHRISYLEE DURAN

ERICKA ORDIZO

ERICKA ORDIZO

ERICKA ORDIZO

REPRESENTABLY JOSECTS

CINCLISSE

ELISHA ORDIZO

ERICKA ORDIZO

ELISHA ORDIZO

MARK NINO TORRES

ELEMENTARY (BOYS)

LIUYEN WOU

SECONDARY (GIBLS)

ELISHA ORDIZO

CWOK HING KRISTOPHER UY RYAN JOSHUA OMAGTANG SECONDAINY JROYS

SACOMBARY (SOT) ARENIE

JOHN CAMBAY

With hundred reasons to servel



Address: San Jose Drive, Pobladon, Alaminos City, Pangasinan Email Address: alaminos.clty@depad.gov.ph Telephone Number: (075) 205 - 0644 Website: depedalaminoscity.com







Department of Concation

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY Region I



OSCHREATION AND TO OUR MAAA MORE MEDALISTS!

SECONDARY (BOYS)

ALTERNATION OF PERSONS SECONDARY (GIRES)

STEPHANIE MAE CADAG ANNA MARIE EUGENIO JESSICA VILLAR JESSICA VILLAR

ERICA MAE BUMACOD JESSICA VILLAR

ANA MARIE EUGENIO

MARJORIE RAGUDOS

ERICA MAE BUMACOD

CHERRY MAE TABUA

KANE IRISH MAE CAMERO

IASMIN PADAOANG JESSICA VILLAR

ANNA MARIE EUGENIO

ANA MARIE EUGENIO JESSICA VILLAR

FRINCES TAMPILIC

ANNA MARIE EUGENIO

MARIELA JOYCE RABADON

JASPER BEDONIO

MELVIN BARRAGAS

CJ ESPIRITU

JACOB BEDONIO

JASPER BEDONIO

SEAN CLIFFORD VELASCO

JACOB BEDONIO

SEAN CLIFFORD VELASCO

KURT DAVID RAGUDOS

JASPER BEDONIO

C. ESPIRITU

KENNETH ANTOLIN

JOHN LENARD VILLAR

JOHN LENARD VILLAR

JACOB BEDONIO

VINCENT YANGUAS

CL ESPIRITU



With hundred reasons to servel

Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan Telephone Number: (075) 205 - 0644 Website: depedalaminosoty.com







Department of Concation

Region 1

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

TATIONS TO OUR RIAM 2023 MEDALISTS!

MARC DAVEN JIMENEZ

SECONDARY (BOYS)

JAMES HARDLD BEGONTES

SECOMBARY (BOYS)

DANIEL ANTHONY PAGADOR

MIKE GABRIEL RONDEZ

REGIL CHARD DE LUNA KACEN AENA CARDONA ALESSANDRA VIRAY ROMAN AGLORO III PRINCE LUKE MONTEMAYOR KRISTA GUTIERREZ SECONDARY (MIXED) BADDEINTOR PLEMPNEARY (BOTS) ANGELA MAY ALCANTARA JOHN ERIC BARBADO MAICY LYAN GRIEGO RHEA JAME MALONES JOHN ERIC BARBADO MAICY LYAN GRIEGO DANICHSPORT ELEMENTARY JENKY REBARTER SECONDANT (GIRES) SECONDARY (GRES) RHICA PADILLA PEGATCHO ANCUDO 710 **ACASIEB** ADUIN ONGCO 15000 ADA 3

With hundred reasons to serve!

aminos City, Pangasinan





3cv.ph