



Department of Education
Region I
Schools Division of Alaminos City



Office of the Schools Division Superintendent

DIVISION MEMORANDUM
DM-2023-093

Memo To : Assistant School Division Superintendent
Chief, School Governance and Operations Division
Chief, Curriculum Implementation Division
School Heads of Public Elementary and Secondary Schools
School Nurse of ACNHS
School Deworming/Nutrition Coordinator
School WINS Coordinator

Subject : **CONDUCT OF NATIONAL SCHOOL DEWORMING MONTH (ROUND 2)**

From : Schools Division Superintendent

Date : February 15, 2023

1. In support to the National School Deworming Month (NDSM), the DepED SDO Alaminos City, in collaboration with the Department of Health (DOH) and the City Health Office (CHO), will conduct a deworming activity this quarter.
2. This activity is intended to increase efforts in providing health services to school children from Kindergarten to Grade 12 to significantly reduce the threat and damage of Soil Transmitted Helminthiasis (STH) infections, resulting in an improved and better health outcome and positive impact on children's education.
3. In addition, this deworming activity is included as one of the elements of the WINS/WASH (Water Sanitation and Hygiene). Based on the policy objective for Deworming and in the DepEd Order No. 10, s. 2016, at least 85 percent of all learners shall be dewormed semi-annually.
4. School administrators must ensure that this activity is carried out successfully and that all informed consent/notification letters are signed by learner's parents/guardians (No Permit, No Purga policy). Schools Division Office, Division School Health personnel, and School Health Nutrition/Deworming Coordinators in coordination with their respective Brgy. Health workers shall work together to achieve a high percentage of dewormed pupils/students and by conducting advocacies and health lectures prior to deworming activity.
5. School-Based Feeding Program (SBFP) and 4Ps beneficiaries are mandatory to participate in the deworming activity.
6. Deworming Accomplishment report shall be submitted on or before March 15, 2023, at the School Health Section (Nursing) office.
7. Attached is the Integrated Helminth Control Program/Deworming Guidelines for the said activity.

With hundred reasons to serve!



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan
Telephone Number: (075) 205 - 0644
Website: depedalaminoscity.com
Email Address: alaminos.city@deped.gov.ph





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8. For more information and questions, please visit the School Clinic and Deworming Group Chats or contact any of the following Division health personnel:
 - a. Dra. December Blanche L. Benitez – 0927-3056256
 - b. Carlo S. Rabanal- 0915-9501975
 - c. Glenn Martin T. Raroque-0998-5581231
 - d. Jennalyn B. Orlanda-0977-3604473
 - e. CHO- Dra. Ma. Victoria O. Carambas

9. For information, guidance, widest dissemination, and compliance.

VIVIAN LUZ S. PAGATPATAN, CESO VI
Asst. Schools Division Superintendent
OIC – Office of the Schools Division Superintendent

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INTEGRATED HELMINTH CONTROL PROGRAM/DEWORMING GUIDELINES

1. The administration of deworming to pupils/students aged 5 to 18 will take place in schools under the supervision of **ANY** health personnel, such as Division health personnel, school nurses, and brgy. health workers in your school.
2. School teachers are required to make a list of all their enrolled pupils/students, ages 5 to 18 with consent form. If they are older and attending your school, they must also have their deworming.
3. All 4Ps members and SBFP Beneficiaries are mandatory to participate in the deworming activity. Consent form must also be made.
4. Schedule of Deworming: 5-18 years old and above
FIRST DOSE: JULY TO SEPTEMBER
SECOND DOSE: JANUARY TO MARCH
5. Mass chemotherapy should be done semi-annually/ twice a year since infective eggs remain viable in the soil and are able to infect people for maximum of two (2) years.
6. Deworming Tablets are given FREE to ALL Elementary and Secondary students.
7. Recommended Drugs for Mass treatment:
ALBENDAZOLE 400MG / MEBENDAZOLE 500MG; SINGLE DOSE
8. When should Albendazole/Mebendazole be taken?
✓ It is taken anytime but is best taken with food or with FULL STOMACH to lessen stomach upset.
9. What are the side effects or adverse effects?
 - i. Local hypersensitivity or allergy to the deworming tablet
 - ii. Erratic worm migration
 - iii. Mild abdominal pain
 - iv. Diarrhea
10. Disposal of the Worms
Worms that are expelled because of deworming should be flushed thru the TOILET. If no toilets are available, service providers are advised to burn the worms. Worms should not be buried in the soil.
11. Contraindications to Albendazole or Mebendazole.
 - **It is not recommended if the pupils/students have any of the following conditions:**
 - Severe malnutrition
 - High grade fever
 - Profuse Diarrhea
 - Abdominal Pain

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12. **CONSENT FORM** must be given to the pupils/students to be sign by their parents and guardian and to be collected before/during the day of deworming. **No signature of parent/guardian No deworming. (NO PERMIT NO PURGA POLICY APPLIES).**

13. **KEY MESSAGES DURING DEWORMING OF CHILDREN**

Health workers and teachers must take advantage of the deworming activity by explaining to the PARENTS AND GUARDIAN of children the benefits of deworming to their health and development. Information-giving must emphasize the following key messages:

- a. The children 5-18 years old and above need to undergo deworming at least twice a year.
- b. Encourage children to practice good hygiene by:
 1. Using latrine/toilet properly and wash hands after use;
 2. Washing of hands before and after eating.
 3. Wearing of slippers and shoes.
 4. Drinking of potable water.
 5. Clipping of fingernails.
 6. For parents\guardian to observe hygienic preparation of food.

Reminder from:

SCHOOL HEALTH SECTION ALAMINOS CITY DIVISION

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