



Republic of the Philippines
Department of Education

Region I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

Office of the Schools Division Superintendent

**DIVISION MEMORANDUM
DM-2022-490**

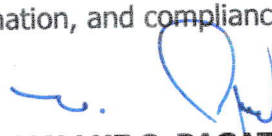
TO : Assistant Schools Division Superintendent
Chief Education Supervisors, CID & SGOD
Education Program Supervisors
School Heads of the Concerned Schools
All Others Concerned

FROM : Schools Division Superintendent

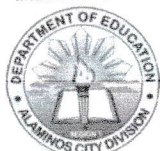
SUBJECT : **OPLAN KALUSUGAN SA DEPED DIVISION KICK-OFF AND ONE HEALTH
WEEK CELEBRATION SY 2022-2023**

DATE : December 12, 2022

1. In compliance with the DepEd Memorandum OUGFU No. 2022-03-024, Re: "Strengthening School Health Support for SY 2022-2023", this Office through School Health and Nutrition Unit will conduct Oplan Kalusuagn sa DepEd Division Kick-Off and One Health Week on December 14-16, 2022.
2. This year's theme, "*Pinalakas na Oplan Kalusugan sa DepEd, Pinatatag na Healthy Learning Institution*", highlights the importance of the six flagship programs of Oplan Kalusugan sa DepEd in building "Healthy Learning Institutions" for DepEd learners and personnel.
3. All schools are enjoined to conduct health-related activities during One Health Week and must submit their accomplishment reports to <http://bit.ly/3UAP5w5> on or before December 30, 2022.
4. Attached are the Division Kick-off program and series of activities in selected schools.
5. For information, guidance, widest dissemination, and compliance.


VIVIAN LUZ S. PAGATPATAN, CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

With hundred reasons to serve!



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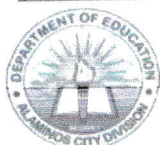
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Date/ Time	School	Program/ Activity
December 14, 2022 AM 8:00 - 8:20 Preliminaries 8:20 - 8:40 Opening Remarks 8:40 - 8:50 Health talk 8:50 -9:10 Film Viewing 9:10-9:20 Distribution of multivitamins 9:20-9:30 Closing Remarks 10:30- 12:00 Check-up	Alaminos Central School	Kick-Off Medical and Dental check-up
December 14, 2022 PM	Sta. Maria ES	Feeding Activity BMI measurement
December 15, 2022 AM	San Vicente National High School	Poster Making Contest (NDEP, ARH) Mental Health Talk
December 16, 2022 AM	Alos Elementary School	Distribution of Hygiene Kits Film Viewing
December 16, 2022 PM	Alos National High School	Mental Health Talk

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