

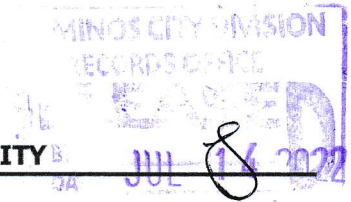


Republic of the Philippines  
**Department of Education**

REGION I

**SCHOOLS DIVISION OFFICE OF ALAMINOS CITY**

**Office of the Schools Division Superintendent**



**DIVISION MEMORANDUM  
 DM-2022-260**

**TO :** Assistant Schools Division Superintendent  
 Chief, Curriculum Implementation Division (CID)  
 Chief, School Governance and Operations Division (SGOD)  
 Education Program Supervisors  
 Heads of All Public Elementary and Secondary Schools  
 All Others Concerned

**SUBJECT : 2022 ANNUAL PHYSICAL EXAMINATION OF DEPED EMPLOYEES  
 (TEACHING AND NON-TEACHING) PERSONNEL**

**FROM :** Office of the Schools Division Superintendent

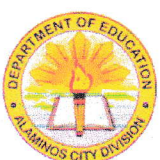
**DATE :** July 14, 2022

1. In compliance with DepEd Memorandum 22, s. 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching) personnel and Civil Service Commission Memorandum Circular No. 17, s. 1989, all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.
2. The Schools Division of Alaminos City through the Health and Nutrition Unit will be conducting the Annual Physical Examination of Teaching and Non-Teaching Personnel from July 2022 to August 2022. The scheduled date, cluster and venue are as follows:

Date	Cluster	Venue
July 19, 2022	Cluster I-Elem	SDHCP Established Clinic
July 20, 2022	Cluster II-Elem	SDHCP Established Clinic
July 21, 2022	Cluster III-Elem	SDHCP Established Clinic
July 26, 2022	ACNHS	ACNHS
July 27, 2022	Telbang NHS, Victoria ES, Pandan ES	Telbang NHS
August 2, 2022	189 HS (Pangapisan IS), Longos ES, Mona ES	Pangapisan IS
August 3, 2022	189 HS (Inerangan NHS, Polo NHS)	SDHCP Established Clinic
August 4, 2022	189 HS (Ildefonso, San Vicente NHS)	SDHCP Established Clinic
August 5, 2022	189 HS (Also NHS, Cayucay NHS)	SDHCP Established Clinic

3. The following diagnostic tests are required:
  - a. Chest X-ray PA view (except pregnant personnel)
  - b. Complete Blood Count
  - c. Urinalysis

***With hundred reasons to serve!***



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan  
 Telefax Number: (075) 205 - 0644  
 Website: [depedalaminoscity.com](http://depedalaminoscity.com)  
 Email Address: [alaminos.city@deped.gov.ph](mailto:alaminos.city@deped.gov.ph)





Republic of the Philippines  
**Department of Education**

REGION I

**SCHOOLS DIVISION OFFICE OF ALAMINOS CITY**

**Office of the Schools Division Superintendent**

4. For Personnel with underlying co-morbidities (e.g. hypertension, diabetes mellitus, cardiovascular disease, chronic kidney disease), the following laboratory tests are optional but highly recommended.
  - a. Fasting Blood Sugar
  - b. Lipid Profile
  - c. Creatinine
  - d. SGPT
  - e. BUA
  - f. ECG
5. Oral examination shall also be conducted following the protocols stated under DOH Memorandum No. 2020-0327 or the Interim Guideline on the Management of Patients and Delivery of Oral Health Services during the COVID-19 Pandemic.
6. During the physical examination, strict compliance to existing IATF protocols and minimum public health standards must be observed.
7. For information, guidance, wide dissemination, and strict compliance

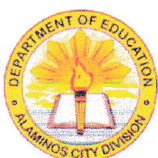
**LORNA G. BUGAYONG, PhD, CESO V**

*Schools Division Superintendent*

**ROSARIO O. CABRERA**

**Assistant School Division Superintendent**

***With hundred reasons to serve!***



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan  
Telefax Number: (075) 205 - 0644  
Website: [depedalaminoscity.com](http://depedalaminoscity.com)  
Email Address: [alaminos.city@deped.gov.ph](mailto:alaminos.city@deped.gov.ph)

