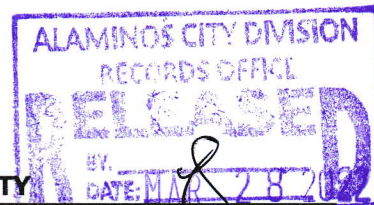




Republic of the Philippines
Department of Education
 Region I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY



Office of the Schools Division Superintendent
DIVISION MEMORANDUM
DM-2022 - 119

TO : Assistant Schools Division Superintendent
 Chief Education Supervisor - CID
 Chief Education Supervisor - SGOD
 Division Education Program Supervisor - MAPEH
 Heads of Public Elementary and Secondary Schools
 All other concerned

SUBJECT : **COMPETITION ON THE NATIONAL CALISTHENICS EXERCISE PROGRAM OR GALAW PILIPINAS**

FROM : Office of the Schools Division Superintendent

DATE : March 28, 2022

1. Please be informed that the submission of the Final Output on the Competition for the National Calisthenics Exercise Program or Galaw Pilipinas will be on April 22, 2022 as agreed upon during the Planning Conference dated March 25, 2022.
2. Competition Guidelines:
 - a. The contest is open to all Public Elementary and Secondary Schools
 - b. There is no prescribed number of participants.
 - c. Participants are preferably come from school personnel, pupils/students, stakeholders.
 - d. The allotted time for competition is 4 minutes and 8 seconds, extension of time is not allowed.
 - e. Steps and movements were already localized, alignment or localization of steps and movements based on our culture is not allowed.
 - f. Outputs should be submitted on or before 5 p.m of April 22, 2022.
 - g. Judges decision are final.

CRITERIA FOR JUDGING

Indicators	Percentage
a. Performance	40%
b. Creativity	30%
c. Control	20%
d. Technique	10%
Total	100%

3. For information, guidance, widest dissemination, and strict compliance.

[Signature]
LORNA G. BUGAYONG PhD, CESO V
 Schools Division Superintendent

With hundred reasons to s



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan
 Telephone Number: (075) 205 - 0644
 Website: depedalaminoscity.com
 Email Address: alaminos.city@deped.gov.ph

