



Republic of the Philippines
Department of Education

Region I
SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

DIVISION MEMORANDUM
DM-2021-369


TO : Assistant Schools Division Superintendent
Chief Education Supervisors-CID and SGOD
School Heads, Department Heads and Key Teachers
Public Elementary and Secondary Schools
Concerned SDO Personnel

SUBJECT : **WEBINAR-WORKSHOP ON ADDRESSING MENTAL HEALTH ISSUES
AMIDST THE COVID-19 PANDEMIC**

FROM : Office of the Schools Division Superintendent

DATE : November 10, 2021

1. This Office, in partnership with ARCZONE Professional Development, shall conduct the Webinar-Workshop on Addressing Mental Health Issues amidst the COVID-19 Pandemic on November 22-26, 2021 via ZOOM.
2. Participants to this five-day webinar-workshop are requested to register to this link on or before November 19, 2021: <https://bit.ly/3mZ2Oit> and to check their email for the invitation for their registration and access to LMS. The meeting link shall be sent to the participants' email.
3. Enclosed is the list of participants who are expected to attend the webinar-workshop. Should there be concerns, please send a message or call Diana Marie G. Oiguan through the following numbers: 09685134071.
4. For information, guidance, wide dissemination and strict compliance.


LORNA G. BUGAYONG PhD, CESO V
Schools Division Superintendent

With hundred reasons to serve!



Address: San Jose Drive, Poblacion, Alaminos City, Pangasinan
Telephone Number: (075) 205 - 0644
Website: depedalaminoscity.com
Email Address: alaminos.city@deped.gov.ph





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Addressing Mental Health Issues Amidst the COVID-19 Pandemic
November 22-26, 2021

	School		Key Teacher	Position
1	ACS	1	Stephanie C. Ebrada	Teacher I
		2	Angelica C. Legaspi	Teacher III
		3	Ma. Corazon R. Felas	Teacher III
		4	Angelica C. Abongan	Teacher III
		5	Maricel D. Valenzuela	Teacher III
2	Alos ES	6	Mark Denver C. Rabanal	Teacher III
		7	Jocelyn B. Marquez	Teacher III
		8	Mark Angelo E. Mascarina	Teacher I
3	Amandiego ES	9	Helen R. Wamil	Teacher III
		10	Geralyn P. Inacay	Teacher III
		11	Carleen C. Radam	Teacher III
4	Amangbangan ES	12	Gemma P. Payas	Teacher II
		13	Arleen B. Purganan	Teacher II
		14	Mary Ann P. Corpuz	Teacher I
5	Balangobong ES	15	Elizabeth O. Viernes	Teacher III
		16	Jocelyn C. Gulen	Teacher III
		17	Mary Rowsend C. Jandi	Teacher I
6	Balayang ES	18	Josephine M. Ramos	Teacher III
		19	Edelyn B. Cacho	Teacher III
		20	Charina M. Mendez	Teacher I
7	Baleyadaan ES	21	Nida B. Donato	Teacher II
		22	Mildred R. Razote	Teacher III
		23	Divina C. Raposas	Teacher III
8	Bisocol ES	24	Anita C. Ramiscal	Teacher III
		25	Rebecca R. Ranit	Teacher III
		26	Gemma D. Asia	Teacher III
9	Bolaney ES	27	Nely A. Radoc	Teacher III
		28	Maribel R. Ventura	Teacher III
		29	Aurora E. Banogon	Teacher I
10	Bued ES	30	Alexander B. Rantayo	Teacher III
		31	Esperanza B. Castro	Teacher III

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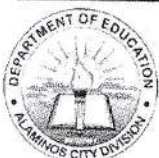


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		32	Edna R. Aquino	Teacher III
11	Cabatuan ES	33	Heidi R. Amansec	Teacher III
		34	Estrellita R. Manuel	Teacher II
		35	Glenn D. Rantayo	Teacher III
		36	Areanne Zuzeth C. Alvarez	Teacher I
12	Cayucay ES	37	Neneth L. Manzon	Teacher III
		38	Rosebel L. Dela Cruz	Teacher III
		39	Glovina R. Castro	Teacher I
13	Dulacac ES	40	Joanne P. Donato	Teacher I
		41	Marline M. Ramos	Teacher II
		42	Mishel G. Biguas	Teacher III
14	Inerangan ES	43	Jane L. Bernas	Teacher III
		44	Angelyn T. De Ocampo	Teacher III
		45	Laarni B. Garcia	Teacher I
15	Landoc ES	46	Shierlyn C. Majin	Teacher III
		47	Christina M. Meneses	Teacher I
		48	Marites O. Valdez	Teacher I
16	Linmansangan ES	49	Concesa B. Andajer	Teacher I
		50	Florence A. Balcorta	Teacher I
		51	Emerson James C. Manganaan	Teacher I
17	Longos ES	52	Annabelle V. Rendon	Teacher III
		53	Mary Ann D. Catabay	Teacher I
		54	Katrina T. Ranches	Teacher I
18	Lucap ES	55	Norlan C. Barber	Teacher I
		56	Juvilyn C. Abbara	Teacher III
		57	Ednalyn R. Blanca	Teacher I
19	Maawi ES	58	Jairah R. Bermundo	Teacher I
		59	Florentina V. Macaraeg	Teacher II
		60	Genlayn D. Abarra	Teacher III
20	Maliga ES	61	Luvilyn R. Soliven	Teacher I
		62	Mary Ann B. Bernas	Teacher III
		63	Regina R. Manzon	Teacher III
21	Magsaysay ES	64	Karen C. Abarra	Teacher III
		65	Teresa R. Romero	Teacher III
		66	Monalisa M. Camba	Teacher III
22	Mona ES	67	Stanley R. Soriano	Teacher I
		68	Maricel M. Bez	Teacher III

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23	Palamis ES	69	Chona B. Padis	Teacher I
		70	Merlita R. Calderon	Teacher III
		71	Glory Ann D. Aliboyog	Teacher I
24	Pandan ES	72	Crezelda D. Sino Cruz	Teacher III
		73	Cherry Pie L. Untaran	Teacher III
		74	Myla Lyn C. Rabina	Teacher I
25	Pangapisan IS	75	Karen Mae M. Estepa	Teacher I
		76	Joan C. Ranches	Teacher I
		77	Kristine Joy F. Bacay	Teacher I
		78	Mayla R. Balute	Teacher III
		79	Rejoiceli Vida L. Raguin	Teacher I
26	Pogo ES	80	Annie Lyn M. Catabay	Teacher I
		81	Joann Q. Alcedo	Teacher III
		82	Jerald A. Tolentino	Teacher III
27	Polo ES	83	Marynel P. Alvez	Teacher I
		84	Josephine G. Enriquez	Teacher III
		85	Flora C. Allida	Master Teacher I
28	Popantay ES	86	Charlie Rabago	Teacher III
		87	Fay P. Sadiasa	Teacher III
		88	Janet A. Radoc	Teacher III
29	Quibuar ES	89	Aileen P. Balgua	Teacher III
		90	Jenny Rose H. Fernandez	Teacher III
		91	Sheena C. Bolaton	Teacher III
30	Sabangan ES	92	Glyn B. Quintinita	Teacher III
		93	Ailleen Grace Q. Bayangos	Teacher III
		94	Marites F. Castillo	Teacher III
31	San Jose ES	95	Alyssa Klaresse R. Celeste	Teacher I
		96	Sheriline M. Laya	Teacher I
		97	Jenny Rose R. Bergonia	Teacher I
32	San Roque ES	98	Evelyn Raffa M. Pertz	Teacher I
		99	Cecelia V. Santiago	Teacher I
		100	Shaina Ramos	Teacher I
33	San Vicente ES	101	Roxanne Camille C. Eden	Teacher I
		102	Ma. Antonette C. Rulla	Teacher III
		103	Erlinda C. Rivera	Teacher III
34	Sta. Maria ES	104	Dana Loren O. Gutierrez	Teacher III
		105	Sharom T. Humilde	Teacher II

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35	Tangcarang ES	106	Juvelyn M. Ginez	Teacher I
		107	Sophia B. Ramos	Teacher III
		108	Aprilgrace N. Bumacod	Teacher III
		109	Mary Fe E. Caguioa	Teacher III
36	Tawintawin ES	110	Rose Ann P. Soriano	Teacher III
		111	Maneliza C. Mendoza	Teacher I
		112	Grace May M. Natividad	Teacher II
37	Telbang ES	113	Dahlia D. Casipit	Teacher III
		114	Minalyn R. Manalang	Teacher III
		115	Dayana C. Reyes	Teacher III
38	Victoria ES	116	April Dawn V. Camero	Teacher I
		117	Mary Jane R. Tamayo	Teacher III
		118	Edwin C. Ramirez, Jr.	Teacher I
39	ACNHS	119	Bernard G. Mendez	Teacher III
		120	Cecilia T. Rendon	Teacher III
		121	Janice D. Donato	Teacher III
		122	Michael G. Padilla	Teacher III
		123	Sheilah R. Decano	Teacher III
		124	Venus C. Abongan	Teacher III
		125	Larnie B. Redoble	Master Teacher I
		126	Melba D. Sabiniano	Teacher III
40	Alos NHS	127	Dayanah Ines V. Cedron	Teacher I
		128	Aber-gy G. Domingo	Teacher III
		129	Darylle Anne B. Jimenez	Teacher I
		130	Rachel Anne A. Bergonia	Teacher I
		131	Norien Marie C. Ferrer	Teacher II
		132	Dana Leah C. Niñeza	Teacher I
41	Cayucay NHS	133	Alvin B. Dar	Teacher III
		134	Grace B. Recide	Teacher III
		135	Danilo C. Caracas	Teacher III
		136	Ma. Teresa C. Castro	Teacher III
		137	Cherry Mae S. Laguisma	Teacher II
		138	Reziel S. Malle	Teacher I
42	IQCHS	139	Crispola M. Domincil	Teacher III
		140	Edgar I. Europa	Teacher III
		141	Edelyn A. Mendez	Teacher III
		142	Jane F. Calicdan	Teacher II

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		143	Analiza A. Alacar	Teacher I
		144	Lorna D. Purganan	Teacher I
43	Inerangan NHS	145	Bernadette N. Celino	Teacher III
		146	Lydia D. Mendoza	Teacher III
		147	Lorna B. Astronomia	Teacher III
		148	Josephine L. Montenegro	Teacher III
		149	John Dave R. Racuya	Teacher II
		150	Maileen L. Remiendo	Teacher II
		44	Polo NHS	151
152	Pepito C. Tobias			Teacher II
153	Jestoni C. Buenaflor			Teacher III
154	Arabella D. Cabelec			Teacher III
155	Keanne M. Jimenez			Teacher III
156	Joemark D. Doria			Teacher III
45	SVNHS	157	Recilia Clemente	Teacher III
		158	Jhoan Alcantara	Teacher III
		159	Joann Cabatic	Teacher III
		160	Maricel Calpatura	Teacher III
		161	Amy Cortez	Teacher II
		162	Stephanny Beatriz A. Aglibot	Teacher I
46	Telbang NHS	163	Aisha S. Trenuela	Teacher I
		164	Romello M. Garibay	Teacher II
		165	Lauro C. Malvecino	Teacher III
		166	Joseph R. Casipit	Teacher III
		167	Corazon F. Laya	Teacher II
		168	Daniel M. Alon	Teacher I

	SCHOOL		Department Head	Position
1	ACNHS	1	Gina O. Liwanag	Head Teacher III
		2	Emily V. Untalasco	Head Teacher III
		3	Angela A. Amil	Head Teacher III
		4	Florencio C. Valdez	Head Teacher III
		5	Jose M. Radoc Jr	Head Teacher III
		6	Dr. Sherlyn R. Marzan	Head Teacher III
2	Cayucay NHS	7	Francisco Casipit Jr.	Head Teacher II

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