



Republic of the Philippines
Department of Education

Region I
SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

DIVISION MEMORANDUM
DM-2021-043

TO : Heads of Public Elementary and Secondary Schools
School Clinic Coordinators
Other Personnel Concerned

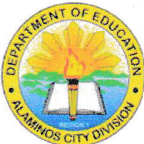
FROM : Schools Division Superintendent

SUBJECT : **Division Advisory On The Implementation Of School Health Program (Deworming and Iron plus Folic Acid Supplementation)**

DATE : February 11, 2021

1. Due to COVID-19 pandemic where face to face classes are suspended, deworming and weekly iron folic acid supplementation of the learners who currently enrolled this SY 2020-2021 will be given in the schools by the teachers to their parents/guardian, during the module distribution.
2. Prior to administration, consent form or the health notification letter must be given to the pupils to be sign by their parents or guardian. No Permit, No Purga/WIFA policy must be observed.
3. Deworming tablets are given free to all Kinder to Grade 12 learners; and the WIFA Tablets recipients are the Grades 7 to 12 female learners with secured consent form.
4. Recommended Drugs for Mass treatment:
 - ✓ Albendazole 400mg / Mebendazole 500mg; Single Dose
 - ✓ Ferrous Sulfate with Folic Acid 200mg/400mcg; Once a Week for 3 months
5. When should Deworming and WIFA be taken?
 - ✓ Deworming: It is taken anytime but is best taken with food to lessen stomach upset.
 - ✓ WIFA: In two to three days after deworming, female learners shall take a one tablet once a week on full stomach for 12 consecutive weeks.

With hundred reasons to serve!



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6. What are the expected normal side effects?

Deworming

- Local hypersensitivity
- Erratic worm migration
- Mild abdominal pain
- Diarrhea

WIFA

- Dark brown and black tarry stools
- Mild abdominal pain
- Hypersensitivity
- Metallic taste

7. Contraindications to Albendazole or Mebendazole.

- **It is not recommended if the child has any of the following conditions:**
 - Severe malnutrition
 - High grade fever
 - Profuse Diarrhea
 - Abdominal Pain

8. KEY MESSAGES DURING DEWORMING AND WIFA SUPPLEMENTATION

School personnel and teachers must take advantage of the activity by explaining to the parents of children the benefits of school health programs such as deworming and iron folic acid supplementation. Information-giving must emphasize the following key messages:

- a) Encourage children to practice good hygiene and sanitation by:
 - i. Using latrine/toilet properly by washing hands after use.
 - ii. Washing of hands before eating food.
 - iii. Wearing of slippers and shoes.
 - iv. Drinking of potable water.
 - v. Clipping of finger nails.
 - vi. For parents/care takers to observe hygienic preparation of food.
- b) Always observe minimum health standards set by IATF-COVID19 like wearing of face mask, face shield, maintaining social distancing at least 1 meter, use of alcohol or hand sanitizer, disinfection and use of personal protective equipment in the distribution of mass drug treatments.

9. For your guidance and strict compliance.


LORNA G. BUGAYONG PhD, CESO V
Schools Division Superintendent

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