



Republic of the Philippines
Department of Education
Region I
SCHOOLS DIVISION OF ALAMINOS CITY
Alaminos City
DIVISION MEMORANDUM



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DIVISION MEMORANDUM
DM-2020-040

TO: Heads Public and Private Elementary and Secondary Schools
FROM: Office of the Schools Division Superintendent
SUBJECT: 15 Day In-house Training
DATE: January 20, 2020

PARTICULARS

Please allow our athletes, coaches, assistant coaches and chaperons on the attached page to undergo in-house training from February 4 to 18, 2020 in various school and different sports facilities within the city. The said in-house training is a preparation for the 2020 Region I Athletic Association Meet which will be held from February 20 to 27, 2020 in Lingayen, Pangasinan.

The playing venues on the said event are as follows:

Playing Venues	Sports Events
Alaminos City National High School	Athletics, Volleyball (sec.), Chess
City Gymnasium	Arnis, Badminton, Billiards, Boxing, Taekwondo, Wrestling
Alos Elementary School	Table Tennis, Gymnastics
Polo National High School	Sepak Takraw
Telbang National High School	Wushu
Convention Center	Dance Sports
Mr. Alex Ang Swimming Pool	Swimming
Plaza Enrique Braganza	Basketball
Plaza Marcelo Ochave	Tennis
Baleyadaan E/s	Volleyball (elem.)(grils)
Mona E/S	Volleyball (elem.)(boys)

To the concern school head, please allow also Mr. Rico De Guzman and Mr. Llowdwright De Castro to be with the group, they serve as a trainer in wrestling and arnis respectively.

For your information, guidance and compliance.


LORNA G. BUGAYONG, PH.D., CESO VI
Schools Division Superintendent



CURRICULUM IMPLEMENTATION DIVISION

2020 REGION I ATHLETIC ASSOCIATION MEET (RIAA)

**Final List of Athletes, Coaches and Asst. Coach/Chaperons
Elementary Level**

Arnis (Boys)		Arnis (Girls)	
1.	Justine Carl R. Bacay	1.	Lhea Rose A. Boton
2.	Mark Glendell R. Laya	2.	Karyl A. Catabay
3.	Cyrus Ezekil L. Francisco	3.	Joellene Nicole Angelic J. Cruz
Coach: Jhofrey Boy R. Celeste		Coach: Rosebel L. Dela Cruz	

Athletics (Boys)		Athletics (Girls)	
1.	Gian Carlo T. Barao	1.	Stephanie Cadag
2.	Jhon Mark O. Tandoc	2.	Marjorie R. Ragudos
3.	Sean Clifford A. Velasco	3.	Aljen Ramirez
4.	Rex Adrian V. Retanal	4.	Sherin Joy Sambajon
5.	Reniel B. Domondon	5.	Mariela Joyce B. Rabadon
6.	John Lenard Villiar	6.	Christel M. Corpuz
7.	Hans Castillo	7.	Rhea Joy D. Donato
8.	Marc Lemuel R. Ramirez	8.	Althea Maryze D. Manahan
9.	Eric Niel D. Carambas	9.	Erica C. Artisuela
10.	Mark Lardi Irz N. Daing	10.	Alyssa L. Raloto
11.	John Carlo Peralta	11.	Maybel Villaruz
12.	Cj Ranchez	12.	Rizza Malanum
Coach: Noel Carlos		Coach: Edwin C. Ramirez	
Asst. Coach: Leonardo C. Domenden		Asst. Coach: Neneth L. Manzon	

Athletics – SPED (Girls 15 below)		Athletics – SPED (Visual impairment)	
1.	Angelica Rendon	1.	Christopher R. Suleta
2.	Donita Domenden	2.	Jovan B. Legaspi
Coach: Josephine B. Rendon		Coach: Gerly A. Mamaril	
Asst. Coach: Leah T. Lomuntad		Asst. Coach: Josephine B. Rendon	
Athletics – SPED (Boys 15 below)		Athletics – SPED (Boys 15 above)	
1.	John Rey M. Giron	1.	Ariel A. Casipit
2.	Jayres M. De Guzman	2.	John Rejino Casipit
3.	Marvin B. Ardesani	3.	Christ John C. Ducusin
4.	Reinz Darwin R. Ranchez	4.	Dexter Brian
Coach: John Dave Racuya		Coach: Gerly A. Mamaril	
Asst. Coach: Leah T. Lomuntad		Asst. Coach: John Dave Racuya	

Badminton (Boys)		Badminton (Girls)	
1.	Vhon Alsher Caberto	1.	Nickie Jean Dumpit
2.	Prince Leunathan Bacolcol	2.	Claire Shylou Quitania
3.	Michael Joseph Bacolcol	3.	Louve Ann Ducay
4.	Norman Dumpit	4.	Kristine Regaspi
Coach: Ruth Rellesiva		Coach: Kathlyn Paola Catabay	

Dance Sports (Latin)		Dance Sports (Standard)	
1.	Juvenile Joshua M. Estrada	1.	Clarence R. Ferreria
2.	Jennyvick R. Ancheta	2.	Jasmine P. Natividad
Coach: Jerald A. Tolentino		Coach: Jenefer C. Tanda	

Chess (Boys)		Chess (Girls)	
1.	Carl Jexter O. Rabanal	1.	Elisha Mae D. Ordizo
2.	Jose Miguel Manzano	2.	Ericka D. Ordizo
Coach: Rochel R. Menor		Coach: Clyde Francis A. Pascua	
		Chaperon: April Dawn Camero	

Gymnastics (Aero)		Gymnastics (RG)	
1.	John Carlo V. Radovan	1.	Miel Micah L. Petil
2.	Jan Casey B. Bustamante	2.	Cyrthen Mae N. Bautista
3.	Liries Ann Tolentino	3.	Mylene C. Humilde
4.	Mark Edward Noah M. Raniaga	Coach: April Grace N. Bumacod	
Coach: Mark Angelo E. Mascarinas		Chaperon: Genelyn Ranches	
Chaperon: Janet Radoc			
Gymnastics (WAG)			
1.	Jiana Janine C. Villar		
Coach: Aileen P. Balgua			

Lawn Tennis (Boys)		Lawn Tennis (Girls)	
1.	Michael James Ramiscal	1.	Keziah C. Morga
2.	Marx Elizer A. De Dios	2.	Phoebe B. Querido
3.	Andrei Derek La Torre	Coach: Cherry C. Oficiar	
Coach: Yves A. Arboleda			

Sepak Takraw (Boys)	
1.	Justine M. Gaña
2.	James Lawrence Q. Banlao
3.	John Angelo C. Cavanez
4.	Gabriel R. Guzman
Coach: Julie B. Ancheta	

Swimming (Boys)		Swimming (Girls)	
1.	John Kenneth Antolin	1.	Katrina D. Fabula
2.	Reden Ramoran	2.	Avon Joy Rimando
3.	Mark Vincent Rabanal	3.	Trisha G. Leandado
4.	Jaypee Simblante	4.	Jessa A. Mendoza
Coach: Mark Vincent C. Cabelec		Coach: Dahlia D. Casipit	

Table Tennis (Boys)		Table Tennis (Girls)	
1.	Philip Alexis Cortez	1.	Rean Angelica Cortez
2.	Zhian Jazz B. Ofrancia	2.	Marianne Chanel Cortez
3.	Carl Dion Aquino	3.	Ann Margaret Quinto
4.	Orwen Onia	4.	Zain C. Calzo
Coach: Orlando Onia		Coach: Luisita Tamayo	
		Chaperon: Miamie L. Sison	

Taekwondo (Boys)		Taekwondo (Girls)	
1.	Andrew Nicos S. Villalon	1.	Mel Angela O. Dela Peña
2.	Sean Gabriel G. Sindayen	Coach: Maricel Valenzuela	
3.	Kean David Sanchez		
4.	Lee Mar D. Balan		
Coach: Michelle C. Racraquin			

Volleyball (Boys)		Volleyball (Girls)	
1.	Adam Nash S. Andrey	1.	Rhomelyn R. Bugarin
2.	Tristan Kyle M. Baba	2.	Trisha D. Capiral
3.	Aivahn Wayne M. Calpo	3.	Angel Kate M. Corpuz
4.	Brandon Karl L. Calpo	4.	Kimberly C. Estrada
5.	Vaughn Edriegh M. Calpo	5.	Angelica Joyce C. Santos
6.	Daniel C. Estrada	6.	Mary Paulyn L. Sison
7.	Kent Joseph C. Fernando	7.	Mary Joy B. Supangan
8.	Van Allen B. Quinto	8.	Alfrielle Gie A. Bembo
9.	Raven C. Ralloma	9.	Rynah Anne B. Quirimit
10.	Dairael Ruslee C. Roldan	10.	Sophia F. Rey
11.	Florentino T. Rubia IV	11.	Ayeska Mercel M. Lagat
12.	Derek Luigi D. Solomon	12.	Ashlee May L. Ragudos
	Coach: Analiza P. Dela Cruz		Coach: Angelo C. Tala
			Asst. Coach: Divina Raposas

Prepared by:


ARLEEN R. ALCANTARA
 EPS – MAPEH

Noted:

LORNA G. BUGAYONG, Ph.D., CESO VI
 Schools Division Superintendent



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Department of Education
Region I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY
Poblacion, Alaminos City, Pangasinan



CURRICULUM IMPLEMENTATION DIVISION

2020 REGION I ATHLETIC ASSOCIATION MEET (RIAA)

**Final List of Athletes, Coaches and Asst. Coach/Chaperons
Secondary Level**

Arnis (Boys)		Arnis (Girls)	
1.	Christian Tuazon	1.	Mikaela Joy M. Paghunasan
2.	Godfrey Catabay	2.	Rica Mae Reyes
3.	John Dominic Natividad	3.	Trinah Angela C. de Castro
4.	Edceil Campos	4.	Joana Nicole Paralejas
5.	Robert Lopez Jr.	5.	Angel Rica Raguin
Coach: Lionel R. Gubatan		Coach: Thea Margareth V. Martinez	

Athletics (Boys)		Athletics (Girls)	
1.	Joshua L. Malanum	1.	Rea Christine C. Rafanan
2.	Erwin G. Purganan	2.	Ana Marie P. Eugenio
3.	Dionisio E. Villaruz	3.	Abegail Sevilena
4.	Samuel Natividad Jr.	4.	Shinna C. Benavente
5.	Cyrus Karl T. Morales	5.	J-Bhie R. Lang-Oey
6.	Adrian Cayabyab	6.	Joyce Bandong
7.	Jacob C. Bedonio	7.	Jellian B. Bandong
8.	Jhumari Heinz D. Decierdo	8.	Jessica C. Villar
9.	Jerickson Palazo	9.	Jasmine B. Padoang
10.	Darren C. Salayog	10.	Angelica Nacar
11.	Rico T. Natividad	11.	Lara Humilde
12.	Vincent Yanguas	12.	Crisha Dawn R. Badua
13.	Joniel Andaya	13.	Ellena Villaruz
14.	Julius P. Torda	14.	Rose Ann Cabacang
15.	Rhonald Francisco		
Coach: Edgar Caracas		Coach: Daniel C. Gallentes	
Asst. Coach: Dana Leah Niñeza		Asst. Coach: Shara Mae Rabina	

Badminton (Boys)		Badminton (Girls)	
1.	Kayl David Cardona	1.	Kacen Aena Cardona
2.	Alwajid Benor	2.	Clyde Heera Ravarra
3.	Reden Mel Reyes	3.	Sandara Banting
4.	Prinz Trojen Villar	4.	Rhyenne Elyzza Banting
Coach: Mary Ann O. Gameng		Coach: Shiena Mae Lanao	
Asst. Coach: Leovanny Aglibot			

Basketball Regular		Basketball 3 X 3	
1.	Michael Larry Alcedo, Jr.	1.	Rayven Camba
2.	Archie Bauag	2.	Mehlhaff Jyzz Mabalot
3.	Jairo Byene Dowel De Guzman	3.	Emmanuel Racuya
4.	Michael James Del Rosario	4.	Ivan Santos
5.	Mark Lomel Escano	Coach: Andrew Balecha	
6.	Kalvin Carl Luage		

7.	Lord Prince Natividad		
8.	Casey Rei Racraquin		
9.	Eugene Santos		
10.	Bryan Sindayen		
11.	Jun Jordel Tabor		
12.	Jude Emerson Peralta		
	Coach: Amado A. Casaclang		

Billiards (Boys)		Billiards (Girls)	
1.	Alwin C. Amores	1.	Princess Mae T. Lang-oey
2.	Angelo M. Romero	2.	Jasmine Lucero
	Coach: Danilo C. Caracas		Coach: Loradilla L. Del Rosario

Boxing (Boys)	
1.	Jonjon Dayap
2.	Aljon De Leon
3.	Daniel Galino
4.	Aiman Joshua Pamilgan
5.	Randell Sison
6.	Kenneth Somera
7.	Mark Kevin Tobias
8.	Jerome Valdez
	Coach Arnello A. Quitania
	Asst. Coach: Mc Conrad P. Alcantara

Chess (Boys)		Chess (Girls)	
1.	Jose Ricardo V. De Guzman	1.	Kate Nicole D. Ordizo
2.	Jo-Myr B. Cabagua	2.	Randilyn Angel Omagtang
	Coach: Delia Moulic		Coach: Myrdal B. Cabagua

Dance Sports (Latin)		Dance Sports (Standard)	
1.	Adrian Joshua Apaya	1.	Mark Ivhan Jay N. Peralta
2.	Kim Stephanie Buenaflor	2.	Bea C. Dela Cruz
	Coach: Michael Padilla		Coach: Sheila R. Decano

Lawn Tennis (Boys)		Lawn Tennis (Girls)	
1.	Ginnuel Alfred P. Manlapaz	1.	Ma. Andrea R. Sarmiento
2.	Richard C. Mendoza	2.	Alexis Abeer B. De Mesa
3.	John Ryan O. Reyes	3.	Trisha Mae F. Gutierrez
4.	Patrick Angelo O. Manalastas	4.	Charmainne Ashley R. Tambot
	Coach: Maria Urduja B. Eminga		Coach: Editha O. Tabunigao

Sepak Takraw (Boys)		Sepak Takraw (Girls)	
1.	Jonesh S. Thapa	1.	Kimberly M. Bumacod
2.	Cristian S. De Guzman	2.	Allaisa Mae R. Caboteja
3.	Jimwell D. Isidro	3.	Jenny B. Erro
4.	Jayson N. Tugade	4.	Frarelyn V. Mayo
5.	Ariel M. De Ocampo	5.	Marianne V. Vivero
6.	Jan Joseph G. Gulen		Coach: Michael J. Rino
7.	Oliver Ocsabido		Chaperon: Girielyn P. Laguisma
8.	Kenneth Jimenez		

9.	Jae-C Dywne E. Bugarin		
10.	Angelo Paracale		
11.	Vince Cyrus V. Baldivino		
12.	Rey John O. Gila		
	Coach: Jeffries V. Jimenez		

Swimming (Boys)		Swimming (Girls)	
1.	Dyno Nugal	1.	Haina Stefany Anne Sales
2.	Jon Rave Rimando	2.	Katy Wenalyn T. Boton
3.	Kurt Ragudos	3.	Rosaly Quesado
4.	Kenneth Antolin	4.	Jean Bugarin
	Coach: Vladimir Sigfried Rapatalo		Coach: Dorothy Joyce Bainto

Table Tennis (Boys)		Table Tennis (Girls)	
1.	Sofronio Julian Baroccan III	1.	Marycon-Eda Caracas
2.	Jhake Bantolino	2.	Beya Mar Lopez
3.	Harry Barrera	3.	Feliz Isabelle Tamayo
4.	Justin Mark Cortez	4.	Marvie Ann Lopez
	Coach : Benjamin Rabago		Coach: Windel John Briones
			Chaperon: Jovie Racraquin

Taekwondo (Boys)		Taekwondo (Girls)	
1.	Joe Alfred G. Villanueva	1.	Sheila Mae C. Dabu
2.	Margeo Ace M. Uy	2.	Mica Ellen V. Barcelona
3.	Kyle Steven S. Barbiran	3.	Ma. Arabel P. Cacho
4.	Francis Rafael G. Caasi	4.	Nicole Andrea T. Morena
5.	Ken Razel Tangonan	5.	Pearl Jenest Mae O. Padua
6.	Lloyd Laurence A. Bugayong	6.	Stephanie C. Rabanera
7.	Clyde Edwardric D. De Guzman	7.	Mariel Bayangos
	Coach: Joemark D. Doria	8.	Era Raejin C. Sarmiento
		9.	Princess Ashley Febelynn J. Cruz
		10.	Kim N. Sicat
			Coach: Ernie Sarmiento
			Chaperon: Leah Angela Viray

Volleyball (Boys)		Volleyball (Girls)	
1.	Jonel Abaya Bernas	1.	Camille T. Bustamante
2.	Hedison Caniedo	2.	Jemalyn D. Menor
3.	Krishan Carlos Aquino Credo	3.	Vernalle Kate Morga
4.	Vincent Kyll L. Bergonia	4.	Zcharlize A. Credo
5.	Jvy Castrence	5.	Mikaella A. Bacala
6.	John Andrie Aliven Enriquez	6.	Hannah Amor Sison
7.	John Brando Mamaradlo Capiral	7.	Andrea D. Anacio
8.	Laurence Tolentino Dela Cruz	8.	Trisha Rapelo
9.	Dominic Bautista Ferrer	9.	Princess Jea D. Tejada
10.	Daniel Jhon Bugahod Villamil	10.	Irish Jane R. Obice
11.	Dominic Bagadiiong Bugarin	11.	Sheilah Mae Cas
12.	Charm Aquino Credo	12.	Jessa Joy R. Corolla
13.	Carl Ivan Natividad		
	Coach: Mae Jennica B. Fernandez		Coach: Arnold P. Imbisan
			Asst. Coach: Mhay A. Dacdac

Wrestling (Boys)		Wrestling (Girls)	
1.	Rico O. Mia	1.	Jhamira Mae G. Llanosa
2.	Alexis Radam	2.	Hannah Gapasen
3.	Renier Peralta	3.	Jeddhilyn D. Cabangon
4.	Eduardo R. Gapasen, Jr.	4.	Ayesa Rasquero
	Coach: Rejoice Li Vida Raguin	5.	Rhea Jane C. Malones

		Coach: Gerald Laya
		Chaperon: Ginalyn Narvasa

Wushu (Boys)		Wushu (Girls)	
1.	Anthony Casipit	1.	Shiela Marie Becles
2.	Charlie Solomon	2.	Giana Moriel R. Peralta
3.	Christian Dave R. Galano	3.	Julie Mae Arzabal
4.	Mark Alexis R. Rancudo	4.	Herminal Edrosalan
5.	Adrian Sonny M. Interior		Coach: Gerald Tobias
6.	Arjo Tugade		Chaperon: Leslie Ann Marie A. Isidro
	Coach: Arnold F. Leandado		

Prepared by:


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 EPS – MAPEH

Noted:


LORNA G. BUGAYONG, Ph.D, CESO VI
 Schools Division Superintendent