



Republic of the Philippines  
Department of Education  
Region I  
SCHOOLS DIVISION OF ALAMINOS CITY  
Alaminos City  
**DIVISION MEMORANDUM**



Document Code: **SDO-ALC-OSDS- SDS- QF-001**  
Revision: 00  
Effectivity Date: 11-16-2018

**DIVISION MEMORANDUM**  
**DM-2020-016**

**TO:** Heads of Public and Private Elementary and Secondary Schools  
**FROM:** Office of the Schools Division Superintendent  
**SUBJECT:** Training of Athletes  
**DATE:** January 13, 2020

**PARTICULARS**

In connection with the conduct of the 2020 Region I Athletic Association Meet which will be held at Narciso Ramos Sports and Civic Complex on February 20-28, 2019, please allow our coaches and athletes listed on the attached page to continue their training to have better chance of winning on the aforesaid competition. The training this year will resume immediately from January 11, 2020 to February 6, 2020, the training will start at 3 o'clock in the afternoon onwards from Monday to Friday and on weekends the training will start at 6 o'clock in the morning onwards.

Below are the training venues:

Training Venues	Sports Events
Alaminos City National High School	Athletics, Dance Sports, Volleyball (Sec.), Arnis
Polo National High School	Sepak Takraw (boys) (sec.)
Telbang National High School	Wushu
Pangapisan Integrated School	Wrestling
Alos Elementary School	Gymnastics, Table Tennis, Sepak Takraw (elem.)
Tangcarang Elementary School	Athletics (elem.)
Alos National High School	Sepak Takraw (girls) (Sec.)
City Gymnasium	Billiards, Badminton, Boxing
Plaza Marcelo Ochave	Tennis
Plaza Enrique Braganza	Basketball
Mona Elementary School	Volleyball (elem.) (boys)
Baleyadaan Elementary School	Volleyball (elem.) (girls)

Service credits will be provided to coaches who will render their services during weekends.

For sports event that need more time for training please provide enough time for training.

For your information, guidance and compliance.

  
**LORNA G. BUGAYONG, PH.D., CESO VI**  
Schools Division Superintendent



Republic of the Philippines  
Department of Education  
Region I

**SCHOOLS DIVISION OFFICE OF ALAMINOS CITY**  
Poblacion, Alaminos City, Pangasinan



**CURRICULUM IMPLEMENTATION DIVISION**

**2020 REGION I ATHLETIC ASSOCIATION MEET (RIAA)**

**Final List of Athletes, Coaches and Asst. Coach/Chaperons  
Elementary Level**

<b>Arnis (Boys)</b>		<b>Arnis (Girls)</b>	
1.	Justine Carl R. Bacay	1.	Lhea Rose A. Boton
2.	Mark Glendell R. Laya	2.	Karyl A. Catabay
3.	Cyrus Ezekil L. Francisco	3.	Joellene Nicole Angelic J. Cruz
Coach: Jhofrey Boy R. Celeste		Coach: Rosebel L. Dela Cruz	

<b>Athletics (Boys)</b>		<b>Athletics (Girls)</b>	
1.	Gian Carlo T. Barao	1.	Stephanie Cadag
2.	Jhon Mark O. Tandoc	2.	Marjorie R. Ragudos
3.	Sean Clifford A. Velasco	3.	Aljen Ramirez
4.	Rex Adrian V. Retanal	4.	Sherin Joy Sambajon
5.	Reniel B. Domondon	5.	Mariela Joyce B. Rabadon
6.	John Lenard Villiar	6.	Christel M. Corpuz
7.	Hans Castillo	7.	Rhea Joy D. Donato
8.	Marc Lemuel R. Ramirez	8.	Althea Maryze D. Manahan
9.	Eric Niel D. Carambas	9.	Erica C. Artisuela
10.	Mark Lardi Irz N. Daing	10.	Alyssa L. Raloto
11.	John Carlo Peralta	11.	Maybel Villaruz
12.	Cj Sanchez	12.	Rizza Malanum
Coach: Leonardo C. Domenden		Coach: Edwin C. Ramirez	
Asst. Coach: Albert P. Bergonia		Asst. Coach: Neneth L. Manzon	

<b>Badminton (Boys)</b>		<b>Badminton (Girls)</b>	
1.	Vhon Alsher Caberto	1.	Nickie Jean Dumpit
2.	Prince Leunathan Bacolcol	2.	Claire Shylou Quitania
3.	Michael Joseph Bacolcol	3.	Louve Ann Ducay
4.	Norman Dumpit	4.	Kristine Regaspi
Coach: Ruth Rellesiva		Coach: Kathlyn Paola Catabay	

<b>Dance Sports (Latin)</b>		<b>Dance Sports (Standard)</b>	
1.	Juvenile Joshua M. Estrada	1.	Clarence R. Ferreria
2.	Jennyvick R. Ancheta	2.	Jasmine P. Natividad
Coach: Jerald A. Tolentino		Coach: Jenefer C. Tanda	

<b>Chess (Boys)</b>		<b>Chess (Girls)</b>	
1.	Carl Jexter O. Rabanal	1.	Elisha Mae D. Ordizo
2.	Jose Miguel Manzano	2.	Ericka D. Ordizo
	Coach: Rochel R. Menor		Coach: Clyde Francis A. Pascua
			Chaperon: April Dawn Camero

<b>Gymnastics (WAG)</b>		<b>Gymnastics (RG)</b>	
1.	Jiana Janine C. Villar	1.	Miel Micah L. Petil
	Coach: Aileen P. Balgua	2.	Cyrhen Mae N. Bautista
		3.	Mylene C. Humilde
			Coach: April Grace N. Bumacod
<b>Gymnastics (Aero)</b>			
1.	John Carlo V. Radovan		
2.	Jan Cassey B. Bustamante		
3.	Liries Ann Tolentino		
4.	Mark Edward Noah M. Raniaga		
	Coach: Mark Angelo E. Mascariña		
	Chaperon: Genelyn Ranches		

<b>Lawn Tennis (Boys)</b>		<b>Lawn Tennis (Girls)</b>	
1.	Michael James Ramiscal	1.	Keziah C. Morga
2.	Marx Elizer A. De Dios	2.	Phoebe B. Querido
3.	Andrei Derek La Torre		Coach: Cherry C. Oficiar
	Coach: Yves A. Arboleda		

<b>Sepak Takraw (Boys)</b>	
1.	Justine M. Gaña
2.	James Lawrence Q. Banlao
3.	John Angelo C. Cavanez
4.	Gabriel R. Guzman
	Coach: Julie B. Ancheta

<b>Swimming (Boys)</b>		<b>Swimming (Girls)</b>	
1.	John Kenneth Antolin	1.	Katrina D. Fabula
2.	Reden Ramoran	2.	Avon Joy Rimando
3.	Mark Vincent Rabanal	3.	Ma. Clarita Bernales
4.	Jaypee Simblante		Coach: Dahlia Casipit
	Coach: Mark Vincent C. Cabelec		

<b>Table Tennis (Boys)</b>		<b>Table Tennis (Girls)</b>	
1.	Philip Alexis Cortez	1.	Rean Angelica Cortez
2.	Zhian Jazz B. Ofrancia	2.	Marianne Chanel Cortez
3.	Carl Dion Aquino	3.	Ann Margaret Quinto
4.	Orwen Onia	4.	Zain C. Calzo
	Coach: Orlando Onia		Coach: Luisita Tamayo
			Chaperon: Miamie L. Sison

<b>Taekwondo (Boys)</b>		<b>Taekwondo (Girls)</b>	
1.	Andrew Nicos S. Villalon	1.	Mel Angela O. Dela Peña

2.	Sean Gabriel G. Sindayen		Coach: Maricel Valenzuela
3.	Kean David Sanchez		
4.	Lee Mar D. Balan		
	Coach: Michelle C. Racraquin		

<b>Volleyball (Boys)</b>		<b>Volleyball (Girls)</b>	
1.	Adam Nash S. Andrey	1.	Rhomelyn R. Bugarin
2.	Tristan Kyle M. Baba	2.	Trisha D. Capiral
3.	Aivahn Wayne M. Calpo	3.	Angel Kate M. Corpuz
4.	Brandon Karl L. Calpo	4.	Kimberly C. Estrada
5.	Vaughn Edriugh M. Calpo	5.	Jullienna Agatha R. Mirador
6.	Daniel C. Estrada	6.	Mary Paulyn L. Sison
7.	Kent Joseph C. Fernando	7.	Mary Joy B. Supangan
8.	Van Allen B. Quinto	8.	Alfrielle Gie A. Bembo
9.	Raven C. Ralloma	9.	Rynah Anne B. Quirimit
10.	Dairael Ruslee C. Roldan	10.	Sophia F. Rey
11.	Florentino T. Rubia IV	11.	Ayeska Mercel M. Lagat
12.	Derek Luigi D. Solomon	12.	Ashlee May L. Ragudos
	Coach: Stanley R. Soriano		Coach: Angelo C. Tala
	Asst. Coach: Analiza P. Dela Cruz		Asst. Coach: Divina Raposas

Prepared by:

**ARLEEN R. ALCANTARA**  
EPS – MAPEH